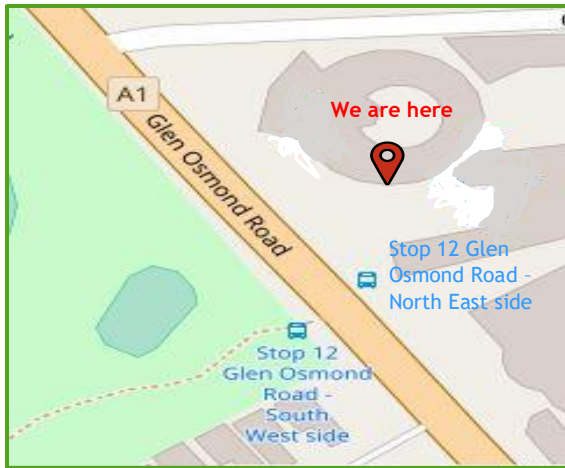


## PARKING

Parking is available at the studio in the Jackson Motor Inn car park.

If more space is needed, there is plenty of free on-street parking on the roads surrounding the Wellness centre, such as Queens Lane, north of the studio.

**Our studio also has buses that stop right out front for your convenience**



## BUS ROUTES INCLUDE



## WHERE WE ARE LOCATED



## CONTACT US

**Phone:** Leisa – 0438 520 219

Jen – 0406 939 090

**Email:** [myintrinsicmind@gmail.com](mailto:myintrinsicmind@gmail.com)

**Website:** [www.myintrinsicmind.com](http://www.myintrinsicmind.com)



**INTRINSIC MIND HOLISTIC  
HEALTH & WELLNESS  
CENTRE**  
3/373 Glen Osmond Road  
Glen Osmond  
SA, 5064

# Intrinsic Mind Holistic Health & Wellness Centre



*“Believe, Achieve, Succeed”*

# Studio Hire Information Brochure

## Are you looking at hiring a venue for your workshops & trainings?

Only 10 minutes from the heart of the city, our beautiful studio is conveniently located in the Burnside/Unley area and boasts a welcoming, serene space for all your training or workshop needs.



With a warm and inviting reception area, people feel instantly at home and at ease when attending the centre



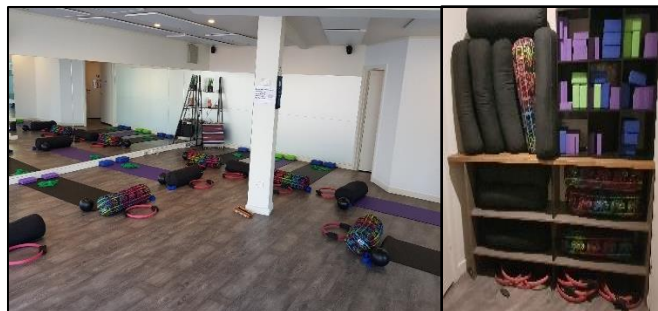
Our attractive & welcoming consulting room doubles as a place to relax between classes or on breaks



Tea & coffee making facilities are available, as well as filtered tap water, a fridge, microwave & sandwich press for your convenience



Whether you require seated options for your courses or workshops



Or you want to take advantage of the bolsters, mats, straps (and more) available for your next program

Intrinsic Mind Holistic Health & Wellness Centre has everything you need to make your next workshop, training course or program a most memorable one

## Where To Eat

Just down the road is the amazingly wholesome great tasting food on offer at the Melon & Rye café (1-minute walk from studio). They support locals by using all fresh local produce, so we support them. You won't be disappointed.



363-365 Glen Osmond Road

Phone: (08) 8379 2131

### Opening Times:

Mon-Fri 8 am – 4 pm

Sat-Sun 8:30 am – 3 pm

For menu options or to check them out, head to:  
<https://www.facebook.com/MelonandRye/>

## Our competitive studio hire rates

<b>Studio Hire (8-hours)</b>	<b>\$180</b>
- \$30 deposit required at time of booking-	
<b>Studio Hire (6-hours)</b>	<b>\$150</b>
- \$30 deposit required at time of booking-	
<b>Studio Hire (4-hours)</b>	<b>\$120</b>
- \$30 deposit required at time of booking-	
<b>Studio Hire (3-hours)</b>	<b>\$100</b>
- \$30 deposit required at time of booking-	
<b>Studio Hire (90 mins)</b>	<b>\$80</b>
- No deposit required at time of booking-	
<b>Hourly Studio Hire</b>	<b>\$45</b>
- No deposit required at time of booking-	

## Additional Equipment Hire

For full use of all equipment, there is a further \$10 per day for added equipment hire, including:

- Chairs
- Tables
- Projector
- Whiteboards
- Tea and Coffee (you must supply your own milk)

## Hosting of Events

We also host events, which means we will advertise, boost and promote your event through our Social Media Platforms. This gets great exposure to our already existing clients and relieves the marketing headaches. You do not pay for hire of the space in this case, we take a split of all earnings 70/30, or there are other options that can be discussed upon contact.

**PLEASE NOTE:** It is mandatory for anyone hiring the studio that they have a current First Aid certificate (If holding classes relating to movement and cooking where foods or drink are consumed) AND Professional Indemnity Insurance. Please ensure that a copy of both these valid certificates are accompanied with any studio agreement form and/or emailed to: [myintrinsicmind@gmail.com](mailto:myintrinsicmind@gmail.com)

For cancellation & rescheduling policy, any other studio hire information or to fill out the studio hire agreement form. Please head to:  
<https://www.myintrinsicmind.com/studio-hire-agreement.html>